

# Sermon Notes

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## THE GROANS OF THE HEART

Max Lucado | Help Is Here | May 3, 2026

The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God. (Rom 8:26-27 NIV)

1. C\_\_\_\_\_.

I am feeble and utterly crushed; I groan in anguish of heart. All my longings lie open before you, Lord; my sighing is not hidden from you. (Psalm 38:8-9 NIV)

2. C\_\_\_\_\_.

3. C\_\_\_\_\_.

[He] keeps us present before God. That's why we can be so sure that every detail in our lives of love for God is worked into something good. (Romans 8:28 MSG)